**Naloxone Training Check List**

Mandatory counseling **required for every training** should include, but is not limited to:

\_\_\_\_\_\_ Check for possibility of hypersensitivity (allergy) to naloxone (if able)

\_\_\_\_\_\_ The difference between an overdose and someone being intoxicated

* Not breathing or not breathing well, turning blue/grey (lips and fingertips) – lack of
oxygen causes brain damage and death

\_\_\_\_\_\_ Importance of ensuring an open airway and breathing for the patient if it can be done safely (not breathing

is what is killing them) ~ 6 minutes without breathing = death

* Maintain an OPEN airway – straighten up their throat/neck and airway (lay flat, tilt head up)
* Encourage to take a cardiopulmonary resuscitation (CPR) class to ensure proper training on rescue breathing
	+ Only provide rescue breathing if protected from fluid (can save a life without any naloxone)
	+ Protect yourself first before saving the overdose victim (CPR masks may help prevent hepatitis C transmission)

\_\_\_\_\_\_ Proper administration of the naloxone to be supplied

\_\_\_\_\_\_ Patient should **teach back** how to use the naloxone to the trainer

\_\_\_\_\_\_ Importance of **calling 911 as soon as possible** either before or after administration of naloxone and the risks

associated with failure to contact emergency services following administration of naloxone:

**What happens if 911 is NOT contacted?**

\_\_\_\_\_ You are **not protected** from liability **if you do not call 911**

\_\_\_\_\_ Naloxone may wear off, and the patient can die (stop breathing) when it wears off

\_\_\_\_\_ You do not know what else the patient took (may be other drugs involved)

\_\_\_\_\_ Naloxone only works for opioids/opiates – does not help from any other overdose

**\_\_\_\_\_ You are not immune from liability if you do not call 911** (may be seen as intention to harm someone)

Provide counseling on whatever product is provided (Evzio®, naloxone, or Narcan®), including:

\_\_\_\_\_ Dosing and administration (repeat in 3 minutes if not breathing)

\_\_\_\_\_ Effectiveness (only for opioids, no benefit or harm if OD from other medications)

\_\_\_\_\_ Adverse effects (withdrawal effects and confusion)

\_\_\_\_\_ Storage conditions (room temperature – avoid hot and cold – never in a car)

\_\_\_\_\_ Shelf-life (expiration date on box)

\_\_\_\_\_ Safety

Both state-required naloxone brochures provided to patient

\_\_\_\_\_ “Save a Life: How to Use Naloxone to Reverse an Opioid Overdose”

\_\_\_\_\_ “Resources for Substance Use Disorder”

* Must include the following emergency numbers:
	+ Emergency Medical Services – 911
	+ WV Poison Center – 1 (800) 222-1222
	+ Help4WV Substance Abuse, Treatment, and Recovery Services: 1-844-HELP4WV

*\*Patient counseling in this section is mandatory and the person receiving the opioid antagonist may NOT opt out.*